

Heartland's Sample Menu

All menus are planned by our talented Food Services Director

Breakfast

All Breakfasts include Bacon, Sausage, Cereal, Fruit, Yogurt, Granola, Oatmeal, Milk, Orange Juice, and Coffee

Example 1: Veggie Frittata, Cinnamon Rolls

Example 2: Waffle Bar, Fruit Compote, Scrambled Eggs

Example 3: Biscuits & Gravy, Cheesy Scrambled Eggs

Example 4: French Toast, Cream Cheese Marmalade, Scrambled Eggs

Lunch

All lunches include a Full Salad Bar, Cookies, Iced Tea, Lemonade, and Coffee

Example 1: Taco Bar (Beef or Pork & Chicken), Flour Tortillas, Corn Chips, Toppings, Pancho Beans, Spanish Rice

Example 2: Soup and Sandwich (Chicken with Wild Rice, Creamy Potato Bacon, Broccoli Cheddar, Chicken Salad, Ham Salad, Egg Salad, Panini, Cold Cuts)

Example 3: Baked Potato Bar, Roasted Broccoli, Cheese Sauce, Chili Beans, Toppings, Fruit Salad

Example 4: Flatbread Pizza, Antipasto, Veggie Tray (Pesto Chicken, Pepperoni, Cheese)

Dinner

All dinners include a Full Salad Bar, Dessert, Iced Tea, Lemonade, and Coffee

Example 1: Pork Pot Roast, Garlic Mashed Potatoes, Gravy, Glazed Carrots, Biscuits

Example 2: Roasted Turkey Breast, Green Beans with Browned Butter Sauce, Gingered Sweet Potato Mash

Example 3: Sausage, Peppers & Onions, Ravioli (Cheese & Beef), Red Sauce, Pesto, Breadsticks

Example 4: Roasted Sirloin Beef, Au Jus, Scalloped Potatoes, Roasted Broccoli, Rolls

Example 5: Veggie Lasagna, Meatballs, Vegetable Medley, Texas Toast